



Code of Conduct

This code defines the behaviour we expect from Nexus Cycling members to enhance and protect the reputation of our club and to promote safe cycling. It is of the utmost importance that we strive to provide a safe cycling environment for all our members as well as for our visitors.

1. We always obey the designated Ride Captain/s and Marshall/s at all times as safety is our primary concern.
2. We ride responsibly and do not act in a manner that could compromise the safety of our fellow cyclists; we point out road hazards such as potholes, glass, bottles and the like. We signal loudly and clearly the nature of the hazard/s e.g. approaching car.
3. We never ride more than two abreast where there is a shoulder, and we always cycle single file when the road narrows or when requested to do so by a Marshall and/or Captain.
4. We are always respectful and courteous to motorists, pedestrians and fellow cyclists (including our own club members), regardless of gender, creed or colour.
5. We stop at all red traffic lights and stop streets and we always approach all intersections with caution even if the traffic lights are green. The Ride Captain or Marshall will always signal loudly when we approach a red light or stop street and will indicate when clear.
6. We always stop to assist when one of our cyclists or visitors has a puncture or a mechanical breakdown. The Ride Captain and/or Marshall may at his or her discretion advise the group to cycle ahead while one or two members assist the affected cyclist.
7. We never leave any cyclist behind regardless of ability or form. The Ride Captain and/or Marshall may nominate a member to look after the



slower cyclists on a particular day while the rest of the group cycle at a faster pace.

8. We participate in club activities and always assist as and when required on proviso that time permits.
9. We wear our club kit at every Saturday ride and at every race. Unity and camaraderie are paramount at Nexus. Wearing our colours with pride on club rides and at races is compulsory. (We are cognizant of the fact that all members have a minimum of one set of club kit, and we encourage all members to purchase a second set at a price determined by the club). When all members have purchased a second set of kit we will wear club colours on all club rides.
10. We encourage all members to wear some form of personal identification. We also insist that every member has an "ICE" (in case of emergency) number saved on their cellphone; to this effect it is advisable to cycle with a cellphone. ER24 membership optional.
11. We always welcome visitors without prejudice and are committed to growing our club. Visitors are entitled to 3 rides with the club before applying for membership.
12. We have no religious bias and we do not discuss religion. All denominations are welcome at our club.
13. We will not consume alcohol while wearing our club colours. No members are to ride under the influence of alcohol.
14. We do not litter; to that effect, please carry your used energy bar and goo wrappers in your pocket and dispose of them in a dustbin.
15. No member shall swear or make derogatory remarks at any other person/s. Please be aware of the current GBV situation we are trying to eradicate within all spheres of our lives.



If a member disregards our Code of Conduct; he or she will be cautioned by a club official and may face disciplinary action which may result in said member being expelled from the club.

I, agree to abide by the Nexus Cycling Code of Conduct.

Date/...../ 20....

Signature